

October 29-30, 2012

University At Buffalo
North Campus
Wrestling Room

Clinic Director

Matt Lackey office - 716-645-3108
cell - 309-791-1012
mlackey@buffalo.edu

Get your nationally
accredited CPR
certification while attending
the UB wrestling Clinic!
For questions regarding
CPR certification, please
contact Mickey Moran @
716-345-3813 or
mjmoran3@buffalo.edu

2011 UB WRESTLING CLINIC

BROUGHT TO YOU BY ADVANTAGE FITNESS

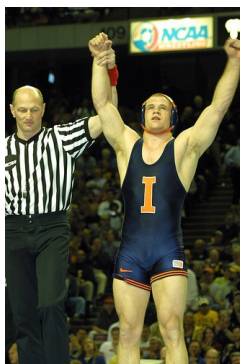
Host Hotel - Hotel Indigo 716-689-4414 (individuals)
716-689-1415 (group reservations — Drew Schmitt)

University at Buffalo Wrestling

Building Champions, on and off the Mat



Featured Clinicians



Matt Lackey

NCAA Champion
3x All American
Big Ten Athlete of the Year
2x Big Ten Champion
2x IL High School State Champion
Jr./Cadet National Champion



Dave Crowell

Career Record - 405-97-1
2007 NWCA Coach of the Year
Coach of 8 State Team/Ind. Titles
PA Hall of Fame Member
Founder of "Winning Wrestling
Systems"

The University at Buffalo proudly presents its 2011 Wrestling Clinic. This year they are featuring new head assistant coach, Matt Lackey, and legendary high school coach Dave Crowell. After earning several All American honors and an NCAA title in college, Matt joins the UB staff poised to take UB to national prominence. Dave has spent 26 years coaching high school wrestling in Pennsylvania and is one of the most decorated coaches in the states storied wrestling history. Also instructing at this years clinic are UB assistant coaches Ricky Deubel (High School National Champion and 3x NCAA Qualifier and Jeff Catrabone (3x NCAA All American).

Schedule of Events

Saturday October 29, 2011

1:30 PM CPR Registration
2:00 PM CPR Certification
5:00 - 6:00 PM Clinic Registration
6:30 - 8:00 PM Technique Session
8:30 PM Social at Santoras, food provided

Sunday October 30, 2011

9:00 - 10:00 AM Technique
10:15 - 11:15 AM Strength and Conditioning
11:30 - 12:30 PM Sports Medicine
12:30 - 1:45 PM Lunch on your own
2:00 - 3:00 PM Technique w/ Dave Crowell
3:15 - 4:15 PM Keynote by Dave Crowell

Packages

Package 1 - CPR + coach clinic = \$90

Package 2 - Team Package, unlimited
coaches and wrestlers = \$200
(CPR Cert - \$40 per coach)

Package 3 - Coach clinic = \$50

Package 4 - Student Athlete Clinic = \$25

Package 5 - CPR only = \$40

For additional information, visit www.nysupersix.com

COACHES APPLICATION

Name: _____ High School Affiliation: _____

Address: _____ City: _____ State: ____ Zip: _____

Phone Number: (School) (____) - _____ - _____ E-MAIL _____

Assistant Coaches Application

Name: _____ Phone Contact: _____ Cell #: _____

Address: _____ City: _____ State: ____ Zip: _____

Name: _____ Phone Contact: _____ Cell #: _____

Address: _____ City: _____ State: ____ Zip: _____

Student/Athlete Application – No Age or Class Requirement

* Please provide us with a list of names of your athletes who will be attending on a separate form (**Provided**).

Package Selection (please check your selection)

- Package #1 - CPR + coach clinic = \$90
- Package #2 - Team Package, unlimited coaches and student athletes from the same team = \$200 (add CPR certification for \$40 per coach)
- Package #3 - Coach clinic = \$50
- Package #4 - Student Athlete clinic = \$25
- Package #5 - CPR only = \$40

**PLEASE SEND APPLICATION & CHECK TO
UNIVERSITY AT BUFFALO
66 ALUMNI ARENA
BUFFALO, NY 14260
MAKE CHECKS PAYABLE TO “UB Wrestling”**

2011 UB WRESTLING CLINIC – STUDENT ATHLETE REGISTRATION FORM

SCHOOL _____ COACH _____

COACH'S PHONE _____ E-MAIL _____

PLEASE LIST ALL STUDENTS THAT WILL BE ATTENDING THE CLINIC

NAME

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
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13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

